

TRUE BLUE PHARMACY

TRUEBLUE MULTI

This multivitamin formula is designed to support overall health with a focus on enhancing vitamin D3 and K2 levels, providing a comprehensive array of B vitamins, supporting hair growth, blood sugar stability, mitochondrial function, and energy production.



Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 30

	Amount Per Serving	% DV
Vitamin A (as Beta Carotene)	1,250 IU	83%
Vitamin C (as Ascorbic Acid)	50mg	56%
Vitamin D3 (as Cholecalciferol)	(5,000 IU) 125 mcg	625%
Vitamin E (as Mixed Tocopherol / Tocotrienol)	8mg	53%
Vitamin K2 (MK-7)	90mcg	75%
Vitamin B1 (as Thiamine HCl)	30mg	2,500%
Vitamin B2 (as Riboflavin)	20mg	1,538%
Vitamin B3 (as 80% Niacinamide, 20% Niacin)	50mg NE	313%
Vitamin B6 (as Pyridoxal 5-Phosphate)	5mg	294%
Folate (as L-5-Methyltetrahydrofolate, calcium Salt)	200mcg DFE	50%
Vitamin B12 (as Methylcobalamin)	2,500 mcg	104,167%
Vitamin B7 (as Biotin 98%)	4,000mcg	13,333%
Vitamin B5 (D-Calcium Pantothenate)	50mg	1,000%
Choline (from Choline Bitartrate)	30mg	5%
Copper (from Copper Bisglycinate Chelate)(TRAACS)	1mg	111%
Zinc (from Zinc Bisglycinate Chelate)(TRAACS)	20mg	182%
L-Selenomethionine	40mcg	73%
Chromium (from Chromium Picolinate)	1,000mcg	2,857%
Iodine (from Potassium Iodide)	10mcg	<1%
Potassium (from Potassium Citrate and Potassium Iodide)	45mg	1%
Acetyl L-Carnitine HCl	450mg	**
Alpha Lipoic Acid (ALA)	200mg	**
DL-Malic Acid	50mg	**
Green Tea Leaf Extract (std. 50% EGCG) (Camellia sinensis) (leaf)	35mg	**
TrueBroc™ SGS (Broccoli Seed Extract) (Brassica oleracea italica) (seed) (Glucoraphanin)	20mg	**

** Daily Value (DV) not established.

Other Ingredients: Capsule (Hypromellose), Magnesium Stearate, Silicon Dioxide.

FORMULATED BY PHARMACISTS.

MADE IN THE USA.



Ingredient Benefits

Vitamin D3 and K2 Synergy

Promotes optimal bone health and cardiovascular function, enhancing the proper utilization of calcium to support strong bones and a healthy heart.

Comprehensive B Complex

Fuels energy production, supports a healthy nervous system, and aids in the maintenance of good mental health, enhancing overall vitality and well-being.

Multimineral Support

Provides essential minerals that regulate enzymes and hormones, crucial for the body's daily functioning and long-term health, including immune defense and metabolic processes.

Hair Growth Enhancement

High-dose biotin strengthens hair at the follicle level, promoting thicker, fuller hair and supporting skin health for a vibrant, youthful appearance.

Blood Sugar Stability

Chromium helps maintain healthy blood sugar levels by improving insulin sensitivity, supporting weight management and metabolic health.

Mitochondrial and Energy Production

Key nutrients like Acetyl L-Carnitine and Alpha Lipoic Acid boost cellular energy production, reducing fatigue & enhancing physical & mental stamina.

Antioxidant Protection

Powerful antioxidants like Vitamin E and Green Tea extract protect against oxidative stress and support cellular health, promoting longevity and reducing the risk of chronic diseases.

True Blue Pharmacy Quality Assurances

Our products are crafted in a GMP certified and FDA registered facility in the United States. Third-party lab testing ensures stringent quality standards, and our procurement team prioritizes professional-grade ingredients. Your well-being is our priority.

FDA Disclaimer: These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.